Survival



U.S. Marine Corps

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PREFACE

As a soldier, you can be sent to any area of the world. It may be in a temperate, tropical, arctic, or subarctic region. You expect to have all your personal equipment and your unit or other members of your unit with you wherever you go. There is, however, no guarantee it will be so. You could find yourself alone in a remote area—possibly enemy territory—with little or no personal gear. This manual provides information and describes basic techniques to enable you to survive and return alive should you find yourself in such a situation.

If you are a trainer, use the information in this manual as a base on which to build survival training. You know the areas to which your unit is likely to be deployed, the means by which it will travel, and the territory through which or over which it will travel. Read what this manual says about survival in those particular areas. Find out all you can about those areas. Read other books on survival. Develop a survival training program that will enable the people in your unit to meet any survival situation they may face. It can make the difference between life and death.

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Unless this publication states otherwise, masculine nouns and pronouns do not refer exclusively to men.

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CHAPTER 1

INTRODUCTION



This manual is based entirely on the keyword SURVIVAL. The letters in this word can help guide you in your actions in any survival situation. Whenever faced with a survival situation, remember the word SURVIVAL.

SURVIVAL ACTIONS

The following <u>paragraphs</u> expand on the meaning of each letter of the word survival. Study and remember what each letter signifies because you may some day have to make it work for you.

S -Size Up the Situation

If you are in a combat situation, find a place where you can conceal yourself from the enemy. Remember, security takes priority. Use your senses of hearing, smell, and sight to get a feel for the battlefield. What is the enemy doing? Advancing? Holding in place? Retreating? You will have to consider what is developing on the battlefield when you make your survival plan.

Size Up Your Surroundings

Determine the pattern of the area. Get a feel for what is going on around you. Every environment, whether forest, jungle, or desert, has a rhythm or pattern. This rhythm or pattern includes animal and bird noises and movements and insect sounds. It may also include enemy traffic and civilian movements.

Size Up Your Physical Condition

The pressure of the battle you were in or the trauma of being in a survival situation may have caused you to overlook wounds you received. Check your wounds and give yourself first aid. Take care to prevent further bodily harm. For instance, in any climate, drink

plenty of water to prevent dehydration. If you are in a cold or wetclimate, put on additional clothing to prevent hypothermia.

Size Up Your Equipment

Perhaps in the heat of battle, you lost or damaged some of your equipment. Check to see what equipment you have and what condition it is in.

Now that you have sized up your situation, surroundings, physical condition, and equipment, you are ready to make your survival plan. In doing so, keep in mind your basic physical needs--water, food, and shelter.

U-Use All Your Senses, Undue Haste Makes Waste

You may make a wrong move when you react quickly without thinking or planning. That move may result in your capture or death. Don't move just for the sake of taking action. Consider all aspects of your situation (size up your situation) before you make a decision and a move. If you act in haste, you may forget or lose some of your equipment. In your haste you may also become disoriented so that you don't know which way to go. Plan your moves. Be ready to move out quickly without endangering yourself if the enemy is near you. Use all your senses to evaluate the situation. Note sounds and smells. Be sensitive to temperature changes. Be observant.

R-Remember Where You Are

Spot your location on your map and relate it to the surrounding terrain. This is a basic principle that you must always follow. If there are other persons with you, make sure they also know their location. Always know who in your group, vehicle, or aircraft has a map and compass. If that person is killed, you will have to get the map and compass from him. Pay close attention to where you are and to where you are going. Do not rely on others in the group to keep track of the route. Constantly orient yourself. Always try to determine, as a minimum, how your location relates to--

- · The location of enemy units and controlled areas.
- · The location of friendly units and controlled areas.
- The location of local water sources (especially important in the desert).
- Areas that will provide good cover and concealment.

This information will allow you to make intelligent decisions when you are in a survival and evasion situation.

V -Vanquish Fear and Panic

The greatest enemies in a combat survival and evasion situation are fear and panic. If uncontrolled, they can destroy your ability to make an intelligent decision. They may cause you to react to your feelings and imagination rather than to your situation. They can